

Assoc. Prof. Dr. KLAUDIA ZUSKOVÁ, PhD.

EDUCATION

After secondary education completed studies in English, Psychology and Physical Education at Slovak universities: UPJŠ in Presov, UMB in Banska Bystrica and Comenius University in Bratislava.

Certificates from Courses: Practical School of Public Relations and Diplomatic Protocol - business protocol and social etiquette in practice.



PROFESSIONAL EXPERIENCE

Active in university environment since 1997, currently at the Pavol Jozef Safarik University in Kosice in the position of Associate Professor and Guarantor of the Study Program, as well as external supervisor of doctoral studies at the Comenius University Faculty of Sport in Bratislava. In parallel consults competitive and top athletes in the area of sport performance and psychological preparation and is an expert on issues of health and quality of life. Lectured at universities in Prague, Budapest, Stockholm, Copenhagen, Porto, Zagreb and Częstochowa.

In the years 2004 - 2008 worked as Head of the Department of Sport Humanities and Kinanthropology at the Faculty of Sport of Presov University and in the years 2012 - 2014 lectured at the AJD Czenstochowa in Poland.

Collaborated with regional media (moderated radio programs and contributed to the press). Consultancy in the areas of social etiquette and business protocol, seminars, trainings and coaching in personal development and health behaviour undertakes since 2008 through her company Bien Protocol Service.

In 2009 - 2010 managed the Dutch NBBU project in the Slovak Republic, which dealt with the coordination of the labour market between the Netherlands and Slovakia.

Participated on the project Dreams and Teams with the British Council in Slovakia (2009 – 2010).

Experienced in organizing world sports events, international professional and scientific conferences.

Member of FEPSAC (European Federation of Sport Psychology), in the years 2003 - 2011 member of the executive committee of the organization. Awarded the Federation for the development of sports psychology in Europe. From 2014 is a member of APS (Czech Association of Sports Psychologists).

ADDITIONAL INFORMATION

Fluent in Slovak, Czech, English, conversational in Russian and Polish.

Interests include self-development in the area of healthy lifestyle, travel, sport and exercise - especially outdoors. In the past was a competitive athlete. Enjoys arts, theatre and classical music.